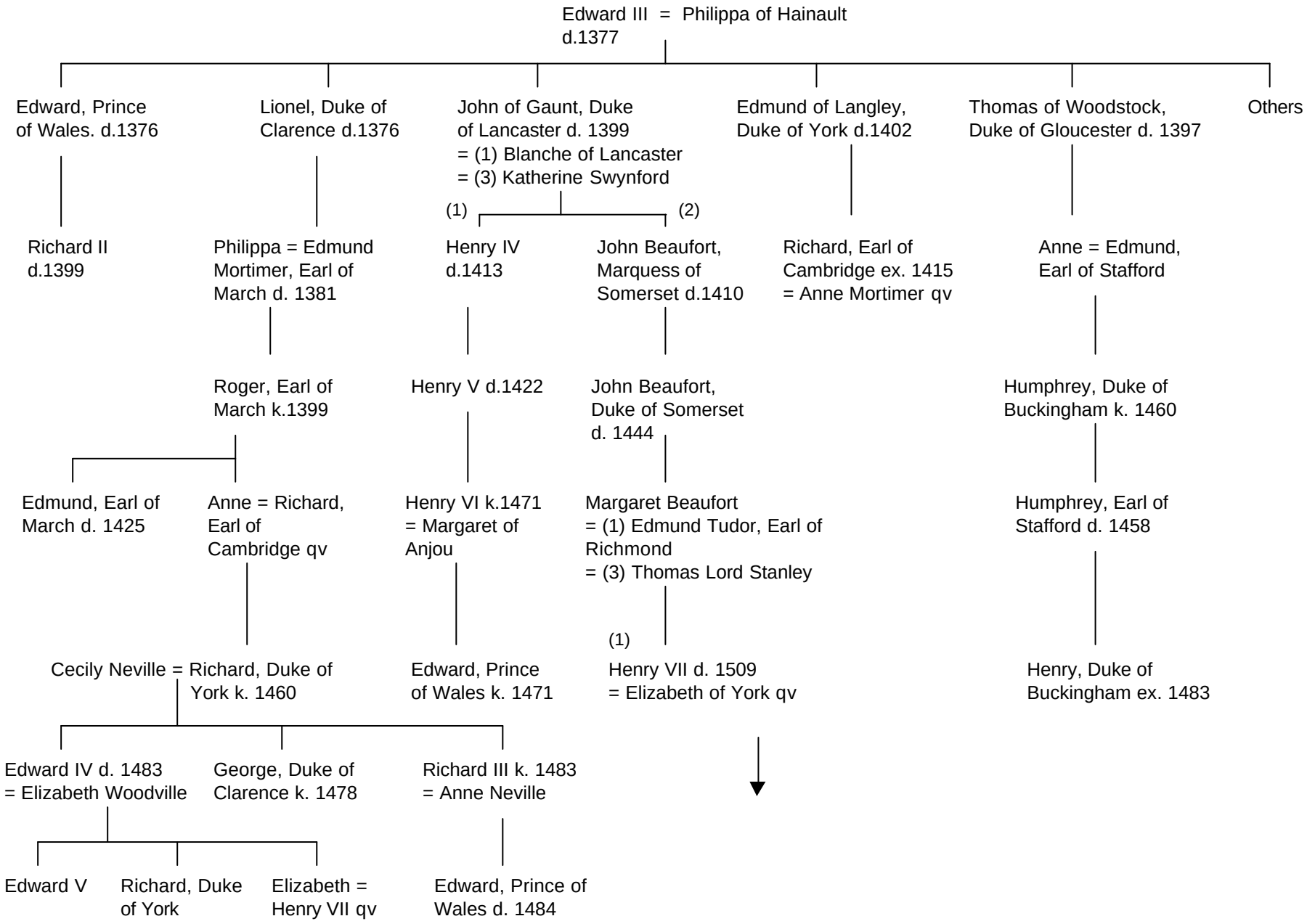The Houses of York and Lancaster